

Be Prepared.

\$10 a week. 10 weeks to stay prepared.



Spicy Cream of Pumpkin Soup

INGREDIENTS

1 (15 ounce) can pumpkin	2 teaspoons chili powder
1 tablespoon shortening	2 teaspoons cumin
2 tablespoons dry onions (optional)	1 teaspoon ginger
4 cups milk (dry milk powder)	2 tablespoon sugar
	Salt and pepper to taste

DIRECTIONS

Heat dry onions, chili powder, cumin, ginger, sugar, salt and pepper in shortening. Add pumpkin and milk and simmer over low heat for 20 minutes.

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